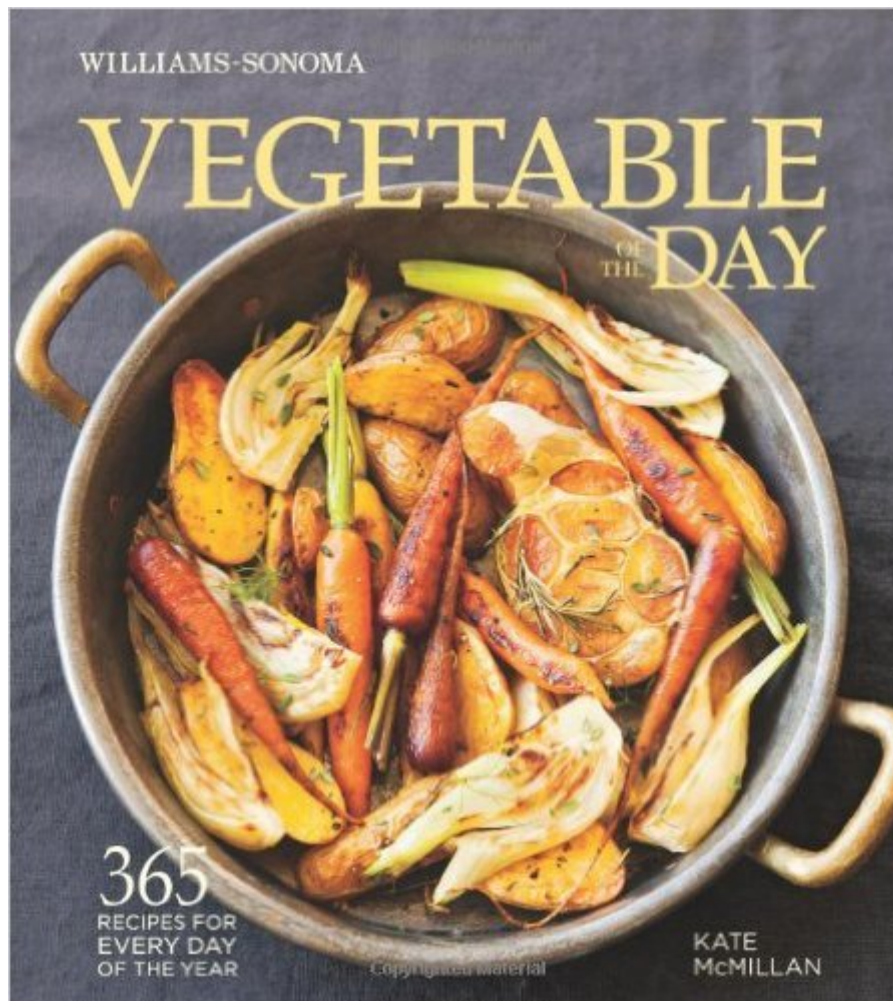


The book was found

Vegetable Of The Day (Williams-Sonoma): 365 Recipes For Every Day Of The Year



Synopsis

In this illuminating collection, youâ€™ll find a different vegetable dish for every day of the year. Rustic and elegant, simple and complex, classic and contemporary, these 365 recipes will inspire you to put seasonal vegetables on every menu. From tomato-topped bruschetta in summer to creamy scalloped potatoes in winter, roasted asparagus in spring to maple-glazed acorn squash in fall, there are hundreds of recipes here to tempt both the cook and the diner. Whether a weeknight supper or a special-occasion dinner, every dish from January to December focuses on what is fresh, seasonal, and delicious. Bursting with color, texture, and flavor, vegetables reflect the changing seasons better than any other type of food. In spring, such brightly flavored dishes as new potatoes with peas or grilled artichokes with lemon aioli are welcome after the cold months of winter. Come summer, menus regularly fill with golden corn fritters or puffy corn souffl s, saut ed or grilled red and yellow sweet peppers, and tomatoes in countless guises. When the cool days of autumn set in, cooks slip winter squashes into the oven and stir mixed-vegetable braises on the stove top. With the advent of winter, dishes such as Brussels sprouts with chestnuts, creamy scalloped potatoes, and braised fennel with saffron become candidates for the seasonâ€™s holiday tables. Williams-Sonoma Vegetable of the Day brings together 365 seasonal recipes, one for every day of the year, in this attractive, practical volume. Each of the 12 chapters opens with a colorful monthly calendar that provides an at-a-glance view of the dishes included. From January to December, youâ€™ll find recipes that suit every occasion, from a weekday family supper or a summer backyard barbecue to a celebratory dinner, and that fit every schedule, from quick saut s to slow braises. Each recipe is accompanied with a note that might describe seasonings or unusual ingredients or offer serving suggestions, ideas for variations and garnishes, or other helpful tips. Many of the recipes are illustrated with full-color photographs to guide you as you cook. But vegetables are more than just great seasonal markers. They are also nutrition superstars, and we all know that we should be eating more of them. This book is packed with inspired recipes that promise to help you do just that. It will encourage you to try vegetables that you have always passed up because you didnâ€™t know how to prepare them, and it will give you new ideas on how to cook old favorites. So, go ahead and open this year-long celebration of vegetables and start cooking.

Book Information

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Customer Reviews

I know Williams-Sonoma calls this series something else, but I like to call them one-A-Days--and the more of them I buy for my collection, the better i'm liking them. And it seems the more of them I add to the collection, the more I'm using them. I have them all lined up together on a shelf where they are easy to reach. (It is very nice that they match in size and looks.) I hesitated to pick this one up because I was concerned that this one would contain a lot of duplicates from the other books, but no, that is not an issue. Layout is not bad: You will find (most often) two recipes side-by-side in two columns on a page, with ingredients on top and instructions below. Type size and color are easy on the eyes. There are not pictures for each recipe. (You may like to see a picture for each recipe, but do you really need one? I don't think so. I think one should lean on their own visual instincts, their own imagination and their own creativity more often than we do these days.) Index in a book like this needs to be extremely detailed--and this one is more than satisfactory. Of course, you will find the recipes indexed by ingredients, but you also get a secondary index that lists recipes by type of dish, flavor "theme", and cooking technique. I am going to list those headings for you because I think it will give great insight into the variety of recipes included: Here are the headings in the "Vegetable Recipes by Type": Asian-Style Dishes, Egg Dishes, Grain-Based, Gratins, Grilled, Main Dishes, Pancakes and Fritters, Pickles, Pies Tarts & Pastries, Salads (the largest group), Soups & Stews, Southwestern-Style Dishes, and Stir-Fries.

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